



Cambridge International Examinations
Cambridge International General Certificate of Secondary Education

GLOBAL PERSPECTIVES

0457/31

Paper 3

October/November 2017

INSERT (Resource Booklet)

1 hour 15 minutes



READ THESE INSTRUCTIONS FIRST

This Insert contains Sources 1, 2 and 3. The time spent reading these Sources is allowed for within the examination.

This document consists of **3** printed pages and **1** blank page.

SOURCE 1

People have different perspectives on the effects of sport.

Positive effects		Negative effects
Improves confidence		Too competitive
Develops fitness		Can cause injuries
Brings people together		Encourages bullying
Provides entertainment		Too time-consuming
Relieves stress		Costs too much

SOURCE 2**Sport can improve lives**

We all know that people who play sport are healthy, happy, sociable and likely to perform well educationally. However, there are even more reasons to persuade people to get involved in sport.

Sport brings communities and individuals together. In some cases sporting skills such as swimming can save lives. For example, in Bangladesh up to 190 000 children have been trained in survival swimming. In some countries sport has enabled children and young people to take part in activities in a friendly, safe environment and escape from gang culture.

Governments need to create opportunities for people of all ages to be involved in sports in schools and the wider community. They need to persuade everyone that sport and physical exercise are essential.

More people doing sport could significantly improve the overall health of a nation. People who are active are less likely to visit the doctor and healthcare is expensive.

Adapted from a government website about the effects of sport

SOURCE 3**A discussion about sport**

Brigit: Even though I now swim three times a week if I can, I really did not like sport at school. I even chose to do a second foreign language so that I would not have to do sport when I got to age 14. I really don't think you should be made to do sport at school – it's just not fair as it's so embarrassing when you just cannot do it. School is for learning. How is being forced to do sport learning? I think being forced to do sport at school is a form of bullying that schools get away with. It's a good idea for boys to do sport at school though, because they're good at it.

Bruno: What stereotypical rubbish – girls can be just as good at sport as boys! As a boy, I was terrible at sport at school but look at me now. I have just completed my first marathon run. I thoroughly enjoyed it and raised a lot of money for charity. Without such sporting events, many charities would not exist as they would get a lot less money. I will continue to take part in sporting events to raise money for good causes, because it's the right thing to do. I agree with you though Brigit, school sport did not inspire me. I was inspired by a 'Sport for Development' conference that I went to a couple of years ago.

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